

Postscript

Psychosocial, Biochemical and Bioenergetic Aspects of Narcissism and Peoplepleasing.

by

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1. Introduction

The essay "Covert Narcissism & People Pleaser - Structures of an Evolving Co-dependency Pattern" was written during an active separation phase of such co-dependency. In the months that followed, there were many opportunities to learn what lessons had actually been learned by the separation, and where the predisposition to such co-dependency still persisted, and accordingly new relationships wanted to grow according to the old pattern. This phase once again revealed a whole set of archetypal patterns.

2. Loss of Territory in Childhood

The principle of resonance can be quite powerful, and I have had a lot to do with people who have gone through experiences similar to mine in the time since I published the essay Covert Narcissism & People Pleasers. Of course, it was mostly peoplepleasers who sought the exchange. The other side's need for clarification was very limited. Nevertheless, enough data came together in these conversations to be able to identify a recurring pattern: The vast majority of co-dependents, on both sides, had been uprooted from their territory in childhood due to changes in location by their parents. In individual cases it was not a change of place, but at least the loss of a caregiver. Possibly this is without significance. I do not have statistical data on how many people spend their childhood in one and the same place in a stable social environment. But if these people exist, they seem to be statistically protected from a predisposition to narcissism or peoplepleasing.

In my life, there have been experiencing quite a few of these uprootings. Starting school at the age of 6 without ever having been in a kindergarten with other children, changing schools at the age of 8 to a socially rough environment, including bullying, moving abroad at the age of 10 without knowing the language, coldly jumping into everyday school life without understanding a word, returning to Germany at the age of 14 to a former girls' high school with only one other boy in the class. So the pattern was overfulfilled in my case.

What do these experiences do to a person? At this point I can only report from the inside view. The need of a child to be accepted is strong. A foreign environment, perhaps also with culturally foreign customs and traditions, is a challenge for a child that demands a high degree of adaptation. How do I have to act in order to make friends, or in other cultures, to be accepted by a peer group? Adaptation often means doing what is expected of you against your own feelings. Moving into foreign territory means overcoming or suppressing your fears. If the environment is hostile and exclusionary, there will always be a weakening of self-esteem.

3. peer group wrangling

In my story, going abroad had brought me to a part of the world where the social fabric among teenagers was very natural. Each class was also a peer group, if you didn't like it there you could leave and apply to the parallel class, occasionally a grade above or below, and the admission

procedures were democratic. At noon, the peer group was at the door, and there was no alternative to going around the houses with the others. Society did not tolerate loners. Within the peer group, there was always clearly an alpha male and an alpha female, as well as a ring of contenders for the alpha positions. These hierarchy conflicts at the top were decided by fights in the case of the boys, and by blossoming or not so blossoming beauty in the case of the girls. There was a middle ground, and there were a number of outsiders: children from extremely religious families, the socially disadvantaged, school failures, and migrants. Friendships between children, as they are cultivated in Germany, existed exclusively among the outsiders. For the middle class, the security of the gang was enough. However, these friendships were almost always hierarchical, i.e. one person was in charge. And these friendships were unstable. It often happened that one outsider stole a friend from another. Jealousy and claiming friendships alone - at the age of 11-14 this all played out among children of the same sex - was the rule.

I remember learning to peopleplease in this environment. As an immigrant child, I was an automatic outsider, and making a friend among the other outsiders was a challenge. To please that friend, to be of service, to be subservient, often seemed the only way to exist, and the pain when alliances shifted and friendships were terminated ran deep. It was in this context that I first experienced what it felt like to be in a relationship in which I experienced devaluation, at the same time fear of being completely rejected, and did everything I could to stay "in" anyway. The tactics of the narcissistic adversary often follow the principle of carrot and stick. Devaluing, ostracizing, and catching up again after subordinations have been made. Thus the will is systematically broken, the perception of one's own position corrupted, until one experiences devaluation as friendship in the face of the alternative of absolute exclusion. I remember some other children who evaded the feeling of inferiority of being outsiders by alternately courting and abusing me as a friend. Narcissists, that is.

After the day of the next move - the return to Germany - was fixed, I had completely withdrawn into daydream worlds at that time. The social environment was not the only reason for this, in my case a mercury poisoning-related Asperger's syndrome played a role, but what I can say is that in this half year there was a complete dissociation from the body. Back in Germany, at least in the Ruhr area where I was to go, there were no cliques, except maybe a few boys who gathered around the only boy with a Mofa in the schoolyard to brag to each other about their technical knowledge. It took me 2 years to build up friendships, but even these did not go beyond outsider-outsider interaction in quality. In retrospect - in comparison to a natural cliquish society that shows great similarities to the social order of a wolf pack - I perceive Germany as a country that is altogether reduced to the lower eighth of a balanced society, i.e. a country of outsiders and people who try to save themselves from their feeling of inferiority at the expense of others. Perhaps this is even what makes hierarchies in Germany so functional and us as a people so productive. I found the only good thing about my school in the Ruhr area was that the schoolyard was not centrally located but around the main building, so I could always walk around the school during breaks and at least look like I was trying to get from A to B. Standing alone and being seen in my solitude, or wandering aimlessly around a courtyard under the eyes of others would have been too painful. At a certain point, the memory of such pain is encapsulated or the suffering soul part is even split off and works from the subconscious.

I think that almost every story in which a child moves, has similar dramas in tow. I know that the desire to be accepted, when the memory of what it feels like to be an outsider is assimilated and internalized, results in compulsive behavior, i.e. personality building. Doing something that would lead to scaring away a friend is almost impossible with such a preconception. The desire to behave correctly for fear of making oneself unpopular and losing friends is overpowering, no matter how badly these "friends" treat one. The crucial position here is not to want to confront the split-off pain.

Here lies the Achilles heel, it is precisely these predispositions that narcissists use to get what they need to regenerate their self-esteem to their liking.

As a personality structure, peoplepleasing is thus healable, the traumatic root can be called into consciousness, and the personality pulled through the Access Bars along with the root and resolved. Tutorials on this process I will upload to Youtube in a timely manner.

4. Gu Syndrome

In Covid research it has been shown that Long Covid patients sometimes take on narcissistic traits. They suffer a loss of their emotional body as well as their empathic capacity. At the same time, they describe that a feeling of blizzard or cold fire spreads through the body in place of the collapsed lower chakras. This physical sensation is probably based on a malfunction of the calcium phosphate piezocrystals. These crystals form the interface between the emotional body and the nervous system by connecting the trinary or hexagonal emotional fields to the hexagonal crystal structure of the piezos, transforming field activity into electrical nerve impulses via their piezoelectric properties. This is also very likely to be exactly the relevant biochemical process because Covid interferes with calcium supply via thyroid impairment, and leads to ferritin excess via red blood cell destruction. When the divalent iron in ferritin competes with the divalent calcium in solution equilibrium, and the equilibrium is shifted toward iron, there is inevitable biochemical exchange or overgrowth of crystallography. Iron phosphate is orthorhombic, and can therefore exclusively bind mental fields. Emotional fields are repelled due to symmetry issues.

The physical perception of blizzard or cold fire - possibly this is also the archetype behind the term purgatory - I have perceived in heroin addicts in cold withdrawal in compassion, and in rage outbursts of narcissists.

5. Chtulhu as a Puppet Master

In the original Traditional Chinese Medicine, this condition is called Gu Syndrome, and is generally associated with Chronic Fatigue, Sex Addiction, and Weakness of Will. The cause is thought in TCM to be an occupation of the abdomen with entities. In particular, TCM speaks of snakes (Kundalin/Tummo) and kraken demons (Chtulhu), i.e. the typical archons known to us as mental field parasites or co-opted insects from transhumanism. Iron phosphate as an orthorhombic piezocrystal could actually be physically the ideal interface to give a binary being, i.e. a mental field parasite, access to our consciousness.

A client who described himself as a peoplepleaser shared the experience of perceiving an octopus demon in the solar plexus of his narcissistic boss, who had an octopus arm stuck in each of the solar plexuses of his employees whom he chicaned.

My self-perception showed that despite the formal separation of codependency, I too had an octopus arm inside me, but before I could verify its origin, it withdrew from me, leaving an entry channel burning in cold fire in my solar plexus. With the withdrawal of this octopus arm, interestingly, all potential conflicts lost much of their threatening nature. In fact, it appeared as if through the connection via this octopus entity, a symbiotic field was created between the perpetrator, entity and victim, in which fear was perceived from the victim's perspective, and anger

and control and confirmation of one's position of power were perceived from the perpetrator's perspective. The social functioning of this type of networking could be called fear field diplomacy.

The elimination of such entities can be left to a trained shaman, or one can learn the techniques oneself. A foreign octopus arm is easy to pull. One simply pretends it is material and feels it and the resistance while pulling thanks to the kinesiological muscle reflexes of one's own hand. After that the wound should be closed energetically.

One's own octopus in the body can be easily removed if it is not bound to one by a contract. Then it is enough to visualize a "trinary prison" - created by affirmation - around the body, to anchor it stationary and then to step out of this cage. In this way, the person is extracted from the entity, not the other way around. After that, depending on how it chooses, this entity can be dissolved by the violet flame or sent up through the elevator of growth through an instant karma process back to the Creator. I will post a tutorial online on this as well. In the case of existing contracts, the surrounding circumstances must be understood in order for the contracts to be considered

- fulfilled, or
- made under deception, or
- concluded by realization and repentance,

to be able to dissolve them. After that, the trick with the cage works as described above. According to this protocol processes accompanied by me have been completed so far with 100% success rate.

Unfortunately, it is still not possible to bring self-dynamic healing to narcissists with this knowledge, because they are usually not able to recognize their own condition. When narcissism develops, first of all the own ability to feel is lost due to traumatization. Thus, the possibility to empathize is also missing. This condition is biochemically fixed by the growth of false piezocrystals. In a natural childhood, a person's self-image matures in an interplay between mental self-assessment and empathically empathized perception of others, i.e. emotional perception. If empathy is missing, I can only answer the question of how I am perceived by mentally reading my fellow human beings. Those who train this from an early age can develop amazing mental abilities: a kind of clairvoyance that gathers information but does not lead to any emotion of its own. This kind of reading is based on a mental field-mental field interaction. Here there is no natural boundary, as there is between mental self-perception and emotional external perception. This opens up the system and allows the narcissist to directly control his self-image by manipulating the external perception. This is the main characteristic of NPD.

Based on these findings, the company sirisana.com has developed a product that helps the body to improve the calcium supply, to remove iron surpluses and thus regenerate the piezos, as well as to center the emotional body so that a hexagonal or trinary field is available to the regenerating piezos for growth orientation. To facilitate the passing of the entities it contains the radionic signature of Ibogen. Originally, this remedy with the name SolUnit belongs to the field of dietary supplements with covid reference, but at sirisana it is currently being discussed whether the remedy can be brought through clinical trials as a therapeutic for narcissism.